

# Consultation for children, parents and young people

Beratungsstelle Aurich AWO WESER-EMS



Our consultation services are aimed equally at children, young people and their parents.

We offer help and support in clarifying and overcoming family problems. Together we will find a way to deal with difficulties better and to take new courage.

### Additionally we offer:

- consultation, supervision and information for educators and teachers
- lectures and training
- parents' evenings on specific topics
- prevention events with children and young people
- participation in working groups and committees of various facilities
- speech therapy

The high quality and professionalism of the services is ensured by our expert social pedagogues, psychologists and social workers.

## We find ways

You can come to our consultation centre in case of family conflicts and problems, but also in case of school, emotional and social difficulties of children and adolescents. Learning and performance disorders also repeatedly lead to a need for consultation and therapy.

Together with those affected, we find ways to overcome the problems that make everyday life difficult. We listen and advise in a fair exchange with a lot of understanding.

Our offers are free of charge. According to the Child and Youth Welfare Act (Jugend-hilfegesetz), parents are entitled to consultation on parenting, partnership, separation and divorce.

The basis for your trust in us is our duty of confidentiality, which is required by law. If you wish, you can also get anonymous advice from us.



# Offers for children and young people

With us, children and young people find support on their own, with their family or in groups of peers. As a child or young person, you can come to us – or ask your parents to contact us, for example, if:

- the problems at school or in training become too big for you to handle.
- the quarrels in the family get out of hand.
- there are problems with friends are weighing you down.
- you find it difficult to get in touch with others.
- you are dissatisfied with yourself.
- you only feel angry, sad or afraid.

## **Offers for parents**

There are different types of family situations in which you as parents and guardians can turn to us, e. g. when:

- you are concerned about your child's age-appropriate development, e. g. learning to speak, accepting rules and boundaries, interacting with peers and learning at school.
- you are sometimes so helpless that you do something with your child that you regret afterwards.
- there are problems between you as parents that you can no longer solve alone.
- quarrels and tensions in your family get out of hand.
- you want help with the situation as a foster parent.
- after a separation, contact with the children becomes a problem.
- you are a single parent and need support in your day-to-day parenting.



#### Our registration times

We are available for you from Monday to Friday from 9.00 to 12.00 and from 13.30 to 17.00.

You can contact us at these times in person or by telephone and make an appointment with us.



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